

Care of The Mouth Following Child's Extractions

1. Bite on gauze for 1 hour following extraction.
2. Important to continue nourishment. Start with liquids or eating cold soft foods such as: icecream, yogurt, oatmeal, eggs or mashed potatoes. Avoid foods like nuts or popcorn that could get lodged in the socket area.
3. Do not use straws, spit or blow your nose for the first 7 days following the extraction.
4. Begin normal tooth brushing 24 hours following the extraction.
5. Begin rinsing with water 24 hours after the extraction using a full glass of water with 1/2 teaspoon of salt 3-6 times per day for the first week following the extraction.
6. Any questions, please don't hesitate to call.

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